

ST PATRICK'S COLLEGE TOWNSVILLE – TERM 3 – MENU 2026							
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CONTINENTAL BREAKFAST	Selection of 5 cereals – Weetabix, Cornflakes, Sustain, Sultana Bran and Natural Muesli with a selection of natural and low-fat yoghurts – porridge additionally served in winter with soft brown sugar, local honey. Selection of toasting breads and bakery items – including, white, wholemeal, multigrain, gluten free bread, raisin bread, crumpets, and English muffins served with butter, margarine, preserves, local honey, and Vegemite. Coffee, traditional and herbal teas, with full cream, skim, soy milk, sugar, and sugar substitute. Selection of orange and apple juices – no added sugar.						
BREAKFAST	Baked Beans, Sauté Potato	Breakfast Slider with Bacon, Tomato & Cheese	Poached Eggs & Beef Sausage	Cheesy Spaghetti	Ham & Cheese Open Muffin	Fried Eggs, Breakfast Chipolatas & Hash Browns	Pancakes with Maple Syrup – Berries & Fruit Yoghurt
MORNING TEA	Blueberry Muffin	Mac & Cheese Croquettes	Fruit Yoghurt Cups	Assorted Mini Quiches	ANZAC Biscuits	–	–
LUNCH	Chicken Tender Subs, Lettuce	Tempura Fish Nibbles, Fries & Salad	Build Your Own: Sandwich/Wrap, Assorted Meat Selection, Salad Fillings, Spreads	Beef Chop Suey with Rice Noodles	Penne Carbonara	Build a Burger: Grilled Chicken Thigh, Lettuce, Tomato, Condiments	Sunday Toasties – Assorted Fillings, with Cheese, Tomato, Red Onion
AFTERNOON TEA	Mini Mince Pie	Banana Bread	Pineapple & Cheese Scroll	Choc Chip Scones	Turkish Pizza Subs	Mozzarella Sticks	Chef's Choice Muffins
DINNER	Teriyaki Beef with Vegetables	Braised Lamb Forequarter Chops	Salami, Pasta in a creamy Tomato Sauce	Thick Pork Sausages, Beef Patties – Onions	Beef Vindaloo	Freshly Baked Pizza Slabs: Hawaiian, Meat Lovers, Margherita	Roast Chicken Maryland, Seasoning – Pan Chicken Gravy
	Lamb & Rosemary Meatballs	Grilled Pork Chops with Apple Sauce	Beef Skewers	Marinated Chicken Wings	Tender Pork Pieces Slow Cooked Sweet & Sour Sauce		
ACCOMPANIMENTS	Lyonnais Potato	Garlic Smashed Potato	Chunky Sauté Potato	Roasted Potatoes	Spiced Potato	Garlic Bread	Roasted Potato
	Broccoli Florets	Baked Pumpkin	Grilled Corn Cobettes	Roasted Cauliflower – Parmesan	Zucchini Chunks, Tomato, Red Onion	Potato Egg Salad	Baked Honey Pumpkin
	Orange Glazed Carrots	Steamed Broccoli Florets	Medley of Vegetables	Honeyed Carrots	Steamed Greens	Tossed Salad	Roasted Broccoli Bites
	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	–	Steamed Rice
DESSERT	Peaches & Custard	Caramel Slice	Zooper Dooper	Self-Saucing Pudding	Ice Cream & Toppings	Zooper Dooper	Jelly, Fruit & Cream