



Above | Lucia Rentoule-Gallagher and Sophy Cafferky competing in the Head of the River

**AN EDUCATION DESIGNED FOR GIRLS**

# Newsletter

TERM 3 | WEEK 7 | 2017

## Upcoming Events

Fathers' Day Breakfast  
Hosted by P&F  
Friday 1 September

Mercy Mass and Mercy  
Works Day  
Monday 11 September

End of Term  
Friday 15 September  
**12.45pm finish**

Sony Foundation  
Children's Holiday Camp  
Sat 16-Mon 18 September

Term 4 commences  
Wednesday 4 October



Our Year 12 girls will be sitting for their QCS Test next week which will be followed a few days later by their Examination Block assessment. I expect our girls to face this challenge with commitment and determination to achieve to their highest academic potential. I thank the P&F in advance for preparing breakfast for the girls prior to their QCS tests. Girls who are serious about their future choices will already have a study timetable in place for exam revision.

Congratulations must go to Mrs Van Homrigh, Dean of Curriculum and Mr Pacey, Head of Science Faculty for their work in bringing the #STEM Like A Pat's Girl Conference to fruition last Saturday. More than 160 young women descended on the College from Townsville and beyond to immerse themselves in forensics, robotics, humanitarianism and much more. The College is very grateful to the Australian Defence Force, James Cook University, University of Qld and Ms Heather Muir for generously facilitating workshops for this event. We also acknowledge our sponsors W & F Constructions, Mater Health Services NQ and Map to Mine.

We know that girls who regard STEM subjects as important and worthwhile will be more likely to aim to pursue these areas in their careers. Something we are passionate about at St Patrick's College is instilling in our girls the belief they can be more and do more than they ever thought possible – we ask them to use their education to make the world a better place. Choosing careers founded in STEM will allow young women to make a major contribution to their world.

Our sportswomen were also busy last weekend competing in the NQ All School Touch Carnival and our Mixed Minor team (U13) with Ignatius Park College were thrilled to win Runners Up. The Head of the River regatta also took place in Townsville and congratulations must go to Lucia Rentoule Gallagher and Sophy Cafferky for their commitment to the sport. Sophy's team made the finals and placed third overall while Lucia will go on to the State Rowing Championships later in the year.

St Patrick's College hosted the Kodaly Music Education Institute of Australia (KMEIA) Townsville Chapter Open Classroom Series this week. The Open Classroom Series aims to provide insight into effective teaching-learning practice in schools, thus providing an opportunity for professional development and collegial discussion in music. This is a wonderful learning opportunity for teachers.

Finally, our Year 11 girls are once again preparing to be Companions as St Patrick's College hosts the Sony Foundation Australia Children's Holiday Camp. The Camp will take place at the College 16-19 September when we partner with Ignatius Park College and the Townsville Community Learning Centres to care for students with disabilities.

I look forward to catching up with dads at our Father's Day Breakfast which will be hosted at the College on Friday 1 September. If you haven't registered and would like to join us, please contact the College at [RSVP@stpatcollege.qld.edu.au](mailto:RSVP@stpatcollege.qld.edu.au) by Monday 28 August, 2017. Blessings, *Paulina*

**WHERE AMBITION MEETS COMPASSION**

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## DEPUTY PRINCIPAL

Amber Hauff

**A REMINDER - TERM 3 CONCLUDES FRIDAY 15 SEPTEMBER AT 12.45PM.**

### Strengths-based Conversations (Character Strengths & Values)

*“Curiosity is the key to creativity” Akio Morita*

As we celebrate Science Week it brings me to the ‘Strengths of the Head’. Wisdom deals with strengths that involve the way we acquire and use knowledge. This term the College has put a deliberate focus on ‘Curiosity and Creativity’ through various STEM and Arts initiatives and projects. Through innovative projects and classroom activities that extend and develop curiosity, students are given opportunities to become curious by nature and seek to develop creative solutions to real world problems. Taking a curious approach to life and looking for creative solutions are two necessary strengths needed for our young people to ensure their future work and living is sustainable.

According to research there are two key components to curious individuals: They are interested in exploring new ideas, activities and experiences, and they also have a strong desire to increase their own personal knowledge. This growing need to know more is evident in our teachers and students and various programs within subjects foster this quest for new knowledge. The two essential components to creativity are originality and adaptiveness. A creative individual generates ideas or behaviours that are different or unusual and these make a positive contribution to the individual's life or the lives of others. This divergent thinking approach (development of multiple solutions for a problem) can be developed like any other strength and will be invaluable in the world of work.

Wisdom	Curiosity	Creativity	Judgement Open Mindedness	Love of Learning	Perspective	Strengths of the Head
Courage	Bravery	Persistence	Integrity Honesty	Vitality/Zest		Strengths of Action
Humanity	*Love	Kindness	Social Intelligence			Strengths of the Heart
Justice	Teamwork	Fairness	Leadership			Strengths of Community
Temperance	Forgiveness	Humility	Prudence	*Self- Regulation		Strengths of Self Control
Transcendence	Appreciation of Beauty & Excellence	*Gratitude	Hope	Humour	Spirituality	Strengths of Meaning

How can we as parent/caregivers help develop our daughter's Strengths of Wisdom? There are simple and proven strategies including:

- Encourage asking questions and lots of them.
- Develop divergent thinking as a family, by taking an interest in helping improve the situation for others less fortunate than yourselves as a family community service activity.
- Explore the current environment with your daughter, paying attention to anything you may often ignore or take for granted.

Continued ...

## Uniform Reminders

Our College Uniform expectations are clearly outlined on our College Website and in your daughter's Diary. Due to Workplace Health and Safety Guidelines and advice we are requesting that students do not wear rings to school. Students are also asked not to wear the College Sports Jacket with their Academic Uniform.

Please direct any queries you may have regarding the Uniform Policy to your daughter's Head of House.

They can be contacted by either phoning the College on (07) 4753 0300 or via email:



**PRINCES HOUSE**  
Ms Athena Costopoulos  
acostopoulos  
@stpatcollege.qld.edu.au



**POWERS HOUSE**  
Ms Kirsten Anderson  
kanderson  
@stpatcollege.qld.edu.au



**THRONES HOUSE**  
Ms Maria Franettovich  
mfranettovich  
@stpatcollege.qld.edu.au



**DOMS HOUSE**  
Ms Megan Christie  
mchristie  
@stpatcollege.qld.edu.au

## Fitness Friday (Sports Uniform permitted)

Just a reminder that every Friday students are expected to wear their Sports Uniform to participate in various House activities and events. Our College believes that fitness is a key area that has been shown to positively impact on brain development and learning and we encourage all students to engage in these activities throughout 2017.

## Academic Uniform (Monday – Thursday)

It is important to note that students are expected to wear their full and correct Academic Uniform to and from school Monday to Thursday. This system enables our College to have a learning focussed timetable, which now affords our students access to a range of College facilities and equipment on a class by class basis. It firmly puts the focus on learning opportunities rather than on facilities available at the time. Students will need to change at break times in preparation for practical HPE lessons which occur on various days and times for the different year levels and classes.

Please be rest assured Pastoral Care Group Teachers, Heads of House and the HPE Department will provide guidance and support for your daughters in helping them get organised and bring the correct gear. Emails have been sent home from your daughters HPE Teacher giving you this information in detail. If you have not received an email, please contact the Office on (07) 4753 0300 to update your email details with the College and request information for their PE teachers.



## FAITH & IDENTITY

Anne-Marie Hammond  
Director of Faith & Identity

*Together we pray: (Matthew 16)*

*Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I*

*tell you, you are Peter, and on this rock I will build my church.*

It is in this reading from Matthew that we hear Jesus proclaiming his successor, the one who will lead his people once he is gone. He calls Peter the rock, the rock on which he will build his church. For the church to maintain its identity and its purpose through time it must remain true to its function as it was first developed where Peter was the foundation of all that follows. For us in this Mercy place specifically, Catherine McAuley and the Sisters are our foundation. I remember the poles that were driven into the ground when B Block was being built. It was physical evidence of the strength of the foundation of that building, but our College's strength also lies in the solid foundation that the Sisters put down here, on The Strand beachfront over 130 years ago. Our foundation is also based on our values of Compassion, Respect, Integrity, Justice, Hope, and Joy.

**Liturgy and Prayer** Sunday mass will again be celebrated at the Cathedral on Sunday 3 September at 5.00pm where our girls will be involved in leading the celebration. We would love for more of our families to join us in this celebration of the Eucharist. A reminder also about our celebration of the **Feast of Our Lady of Mercy**. All are invited to mass which will be held on Monday 11 September, at 9.00am in our College Sports Complex.

### Faith Development

We were thrilled to have the **Missionaries of God's Love** visit us. These enthusiastic and passionate women spoke to Year 8, 9 and 10 students about their personal relationship with their God. They were engaging, full of fun and gave the girls a real insight into what it was like to be religious sister involved in youth ministry. They worked with some of our seniors and the elders from the St Teresa's Garbutt community to organise and prepare mass there last Sunday.

**Religious Studies** In our Religious Education this term, our Year 10 girls are learning about where church teaching comes from. They are researching Pope Paul IV and the Second Vatican Council, and Pope Francis and his encyclical, *Laudato Si*.

### Mission / Social Justice

The **Vinnie's School Sleepout** happened on Thursday 10 August. It was our most successful one yet with over 50 students participating in this awareness raising activity. For the privilege of spending the night in the Sport's Complex, the girls donated 'Girls' Stuff' to St Vincent de Paul. We ended up with many shopping bags full of items. Thank you to Sarah Dixon from St Vincent de Paul for her assistance in the organisation of the event, thanks to Ms Harriet Geater-Johnson for staying over with us and a big thank you to Kearley Robinson for pulling the event together.

**Mercy Works**, as the part of the vision and mission of the Sisters of Mercy in Australia and Papua New Guinea, they support local and overseas relief and development activities. Again our College will raise funds for the House of Hope in Kiunga, Papua New Guinea. This fundraising initiative will take place as part of our celebrations of the Feast of Our Lady of Mercy on Monday 11 September.

(Find out more information at [http://mercyworks.org.au/wp-content/themes/mercyworks/downloads/FS\\_PNG\\_Kiunga.pdf](http://mercyworks.org.au/wp-content/themes/mercyworks/downloads/FS_PNG_Kiunga.pdf)).



Above | Vinnies School Sleepout



## ACADEMIC NEWS

**Amy Byrnes**  
Director of Studies

We are now well and truly into the second half of Term 3. This is a busy time of term with a large number of assessment items due for students in all year levels. To ensure that students are submitting their best work, it is important that they are managing their time effectively. Students are encouraged to use their College diary, as well as the College Assessment Calendar to guarantee all assessment deadlines are met. The College Assessment Calendar for Semester 2 can be found at <https://www.stpatscollege.qld.edu.au/curriculum-79u2k7/academic/assessment-exams/>

### Queensland Core Skills (QCS) Test

Year 12 students who are OP eligible or who have elected to participate in the QCS test will sit the test on Tuesday, 29 August and Wednesday 30 August. On these days students will sit four test papers including a Writing Task (approximately 600 words), a Short Response paper, and two Multiple Choice papers. Students involved in these tests have been preparing extensively and the College wishes them the best of luck. The College P & F will also be supporting our Year 12 QCS students as they host a breakfast on each of the test mornings for our Year 12 students.

Year 12 students who are not participating in these tests will be participating in a range of other activities coordinated by Ms Catherine Rentoule, Head of Faculty Careers and Vocational Education. Some of the activities include work experience, an Art Workshop presented by the Barrier Reef Institute of TAFE or independent study.

### Year 12 Study Day

Per the College Assessment Calendar, Year 12 students will have a study day on Friday, 1 September. On this day Year 12 students are welcome to stay at home to study or to attend independent study sessions in the College Library. If students elect to complete study at the College, they must be in College uniform. While it is a study day, some Year 12 classes have assessment due on this day and students must ensure that they follow the assessment conditions and deadlines stipulated for their respective subjects.

### NAPLAN Results

Year 7 and 9 students who participated in the NAPLAN test in May 2017 have been sent a hard copy of the NAPLAN Student Report by mail. This report outlines the results for the four tests including Language Conventions (Spelling, and Grammar and Punctuation), Writing, Reading and Numeracy. The report outlines student achievements in these assessments, however, the information contained in this report should be considered together with school-based assessments and report cards. If parents of Year 7 and 9 students do not receive a copy of their NAPLAN Student Report via mail, they are encouraged to contact Claudia Moloney-Luisis via email [cmoloneyluisis@stpatscollege.qld.edu.au](mailto:cmoloneyluisis@stpatscollege.qld.edu.au)

### Year 9, 10, 11 and 12 Exam Block

Year 9, 10, 11 and 12 students will be involved in the exam block throughout week 9, from Monday, 4 September to Thursday, 7 September. It is compulsory for all students in these year levels to attend these exams. The exam block has been emailed to all Year 9, 10, 11 and 12 students and can also be found on the College website at <http://www.stpatscollege.qld.edu.au/academic-life/assessment-exams/>.

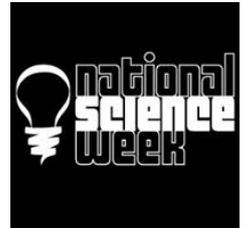
A reminder that students must attend all exams in their full Academic College uniform. If a student does not have exams during exam block or only one exam on a particular day, they are permitted to complete individual study at home, however, the parent/carer must advise the College by 9am on the day of these arrangements. Year 11 and 12 boarding students will be permitted to return to the Boarding School for individual study, however, Year 9 and 10 students must complete study in the assigned classrooms. If students are absent for any exams they are reminded that they must request special provisions and if it is for medical purposes, provide a medical certificate.

If parents, carers or students have any further questions in relation to the Term Three Exam Block Timetable, please contact me via email [abyrnes@stpatscollege.qld.edu.au](mailto:abyrnes@stpatscollege.qld.edu.au).



## SCIENCE & TECHNOLOGY

Chris Pacey  
Head of Faculty  
#STEMLikeAPatsGirl



### National Science Week

We celebrated National Science Week with this year's theme Future Earth. The focus was to raise awareness of sustainability science and encourage positive actions that make a direct impact to a more sustainable future Earth. During the week, the students had the chance to take part in building solar ovens, making recycled paper, constructing solar cars, learning how to make clean drinking water and digging into to see how worm farms can help make use of our waste. Students also took part in the Future Earth Pastoral Care Quiz where they had the chance to learn the issues surrounding the sustainability of our planet. A great big thanks to all the Science Teachers for their efforts in making this week great!



### Turtle Research

A group of Marine Science students visited Toolakea Beach on the weekend to undertake turtle research with the James Cook University Turtle Health Research team.





## #STEM LIKE A PAT'S GIRL proudly supported by W&F Constructions

On Saturday 19 August we welcomed 160 girls (aged 10-15) to our #STEM LIKE A PAT'S GIRL program. It was a wonderful day and we thank our sponsors, the presenters, our teachers and staff who made it possible. Below are some comments from parents:

“A million thanks for the STEM day. She had the most wonderful experience. She honestly thought on Saturday afternoon that she had found a cure for cancer and could end world terrorism!!!  
Thanks a million for inspiring her beyond words.”

“I would like to personally thank you and the whole team who contributed to the STEM workshop on Saturday, I wasn't too sure what to expect but it far exceeded anything I had imagined. It certainly had a massive impact on my daughter who attended, she was so excited when I picked her up and could not stop talking about the whole day.  
Massive thanks to all involved!!!”

“Grace and I would like to say a huge thank you to the staff and students of St. Pat's for making her feel so welcome on Saturday. According to Grace, the workshops were lots of fun while also being really interesting and interactive. She said the presenters were all approachable and very helpful. Grace had a wonderful day.”

“I would like to send through my sincere thanks to all the wonderful people that put together STEM on Saturday. Sophie had an extra marvellous day and could not stop chatting about her day. It has really given her food for thought and helped with the question she has been banding around the past few months " why is maths so important " which comes up when doing maths homework.”





## HUMANITIES HAPPENINGS

Liza Martini  
Head of Faculty

### FIELD TRIPS GALORE!

This week a number of classes undertook field trips as part of their studies in Humanities.

### Year 12 Geography - Biodiversity Camp at Mission Beach

Year 12 Geography students travelled to Mission Beach on a Biodiversity Camp, in the hands of specialist teachers Ms Rheinberger and Ms Parsons. Geog-ing around North Queensland...If you are interested in getting out and about to discover just how fascinating our world is . . . and getting involved with it . . . Join the Geog-ers.



On their Mission Beach Biodiversity Camp, Senior Geography students Hannah Evans, Lele Thomas, Brenda Kuman and Leedeanne Tepu remind drivers to slow down and watch out for cassowaries.



At the C4 Community for Coastal and Cassowary Conservation Centre, Mrs Parsons made a seriously wild new friend.



Our group felt so proud to have contributed to the revegetation of the cassowary corridor at the famous Lot 66. SPCT Geographers are all about engagement with the community and environment, and here we are involved in securing the future of one of Australia's most iconic species.



Mr Peter Rowles, President of C4, was a font of knowledge on our excursions. Here, Brenda, Leedeanne, Hannah and Lele are loving the rainforest at Lacey's Creek, and learning about the flora, fauna and processes at work in this rich biome.

Continued...

## Year 8 Geography - Field Trip to the Strand for Sand Sampling

Our Year 8 Geography students walked across to the beach on The Strand with their teacher, Ms Helen Spina, to collect sand samples on the transect line and make various observations of our coastline. As part of their fieldwork, girls were taught how to construct a transect. How fortunate are we to be just metres away from our beautiful coastline.



## Year 9 Geography - Field Trip to the Port of Townsville

A Tour around the Port of Townsville amazed the Year 9 Geography class by showing just how interesting and important the Port can be – with dinosaur-like cranes, huge containers holding everything from petrol to perfume, covered conveyors, pilot and tug boats, reclaimed land for expansion and equipment monitoring environmental impacts . . . as well as our own Cruise Ship Terminal. AND, with its female CEO and 2IC, and our tour guide and the Corporate Affairs Manager who gave a presentation both holding up the side for the girls, it is clear that there are real possibilities for career fulfilment at our Port.

Interested? Give them a call. They would be happy to offer Work Experience to SPCT girls!



## LANGUAGES

### SBS National Languages Competition

A number of students entered the SBS National Languages Competition. The SBS National Languages Competition 2017 is an exciting initiative to encourage and celebrate a love of learning languages in Australia. It's a nationwide competition to engage school children and reflect on the cultural, linguistic and ethnic diversity of Australia's multicultural society.

To enter, students need to upload a video (maximum 30 seconds long) describing 'What learning a language means to you?' in the language they are learning at school. Below are some of the students' scripts as their response:

“言語は言葉だけでなく、その国の文化の大切な文化を伝えます。

Language tells one's important culture, not just words.”

“言語を学ぶということは、その土地の文化、歴史などを知ることです。

Learning language means knowing their cultures and history.”

“多文化理解をすることは偏見や差別のない社会につながります。

Learning a language will decrease the prejudice around the world”

“言語を学ぶことで現代社会に必要な国際的な視野が広がります。

Learning a language helps to teach and prepares me with skills I will need for a multicultural and multilingual society.”

### Art Speaks Japanese Comes Alive!

A number of students entered their Japanese-themed art works to Art Speaks Japanese Comes Alive! - an annual art and language contest for school-level students of Japanese. Students create their own artwork inspired by the Art Speaks Japanese 日本美術 Japanese Language Education Kit (from the collection of the Art Gallery of New South Wales).





## VISUAL, DRAMATIC & CO-CURRICULAR ARTS

Alyssa Kelly  
Head of Department  
[#ArtsLikeAPatsGirl](#)

### Eisteddfod Update

Did you know that taking Drama is the key to good communication? Drama Club students are improving theirs by leaps and bounds, and with the Townsville Eisteddfod fast approaching, students have been preparing for their group performance each Monday afternoon. This year, the piece is titled, “The Greedy King” and is loosely based on the fairy-tale of King Midas. Students have been learning different performance skills of late, with a focus on clear diction and strong movement to tell a story. For more updates, watch this space...

Students, if you are interested in improving your communication skills, consider joining Drama Club in Term 4. Please collect a form from Mr Marano and return by week 2 next term.

### Capture@stpats

Throughout the year students at St Patrick’s College have been involved in a photography challenge. The group is called “Capture@stpats” and the students from all year levels are provided with a challenge each fortnight, with themes such as portraiture, street photography and pattern. They interpret the theme in their own way, and are encouraged to be creative.

Students use a range of cameras from a DSLR to the cameras on their phones. The way they use a camera is more important than the type of camera used. We have started to display the groups’ images in the tuckshop, and these will be rotated regularly with other pieces from the Art Department.

An opportunity for the group to workshop with professional photographers and to take part in competitions is also on the horizon. If you would like to take part in these challenges, please contact Mr Gallagher [sgallagher@stpatscollege.qld.edu.au](mailto:sgallagher@stpatscollege.qld.edu.au)



Pictured | [Capture@stpats](#) photography displayed in the College Tuckshop



## VOCAL AND INSTRUMENTAL MUSIC

Katherine Menkins  
Head of Department  
#ArtsLikeAPatsGirl

### Thank you to our P&F

Our Music Department extends their appreciation to the College P&F for their generous donation of banners for use by our College Concert Band, Chamber Strings, Percussion Ensemble, and various other solo and duet performances. The banners are looking great and we look forward to debuting our new music look at the Townsville Eisteddfod over the coming weeks. Thank you again to the P&F for their ongoing support of the music department.



### Eisteddfod Performances

Letters of information will be sent home to students and parents early next week regarding performances at the Townsville Eisteddfod from the 5 – 23 September. Please carefully read through the time and dress requirements for each ensemble performances. Our music students are looking forward to showcasing their hard work and musicianship over the coming weeks. Thank you to all of our wonderful music staff for their work in preparing individual students and ensembles for the Eisteddfod.

### Townsville Cultural Festival - Taiko Drummers



Above | Our St Patrick's College Taiko Drummers performing at the Townsville Cultural Festival at James Cook University.

Below | The Teacher Taiko Drummers, led by our Japanese teacher, Ms Emi Miyoshi, performing.





## SPORT & HPE

Yana Hurst-Newton  
Head of Faculty

### Interschool Athletics

On Monday 14 & Tuesday 15 August, 58 of our best athletes descended onto the red track once again for the B schools, TSSS Athletics carnival. Our athletics team competed in several events over the two-day competition to earn points for our school. In the overall Girls B Schools results, our team placed third. This is an improvement of one place compared to last year. Well done to all team members on your fantastic efforts!

There were many outstanding results and achievements throughout the competition. We would like to make special mention of the following students who placed first in all of their events:

- Ella Evans – all five events!
- Jermia Ahmat-Nona
- Ruby Mitchell
- Peta Dickinson
- Hannah Kipping
- Brooke Davis-Goodall
- Maria Wilson
- Javanah Bero
- Coleen Kabere

### NQ All School Touch Carnival

Last weekend, St Patrick's College had two teams compete in the annual NQ All Schools Touch carnival. This year we nominated an Open Girls team and also a Mixed Minor (UI3 years) team with Ignatius Park College, this team was called 'Spatius'. Both teams have trained twice a week for the last month leading up to this competition, with the mixed team only having three training sessions together as a team.

Both our teams worked hard on the Saturday in pool games. The Open Girls team competing in six games over the day, achieving one win and several close loses. Unfortunately, this was not enough to get them through to the finals on Sunday however, their team work and spirit stayed high throughout the day. The Mixed Minor team had three games, with two wins and a draw in their pool. They finished the day at the top of their pool, which led them through to the finals on the Sunday.

Sunday morning the Mixed Minor team played Kirwan State High Schools in their semi-final. Our combined team were successful winning 5-1, which then pushed them through to the grand final for their division. Spatius played Ingham State High School, who were last year's division winners. It was a tough game, with both halves showing only a point between them. At the full-time buzzer our Mixed Minor team had lost 5-3 however, heads were held high as they received the Runner Up award in their division for the 2017 NQ All Schools Touch carnival.

Thank you to Mrs Lizzie Wood on her coaching work with these teams leading up to the carnival, and Mrs Megan Christie for her team management with the Open Girls during the competition. Congratulations to both our St Pat's teams on their team work and dedication. All students successfully represented the College with great pride.

A list of the team members is outlined on the following page.



Above | St Patrick's College Open Girls touch team  
Below | "Spatius" St Patrick's College & Ignatius Park Mixed Minors touch team



## NQ Schools Touch Carnival

### Open Girls team:

- Tayla Finemore
- Yalul Felton-Busch
- Lukeisha Sawers
- Mykinley Renton
- Anna Chapman
- Salu Messa
- Melita Warrior
- Barbara Seigere
- True Oldaker
- Maya Johnson
- Tonisha Logan
- Sanetta Nona
- Pelista Pilot

### Mixed Minor team (IPC and SPCT):

- Lola Millard
- Jermia Ahmat-Nona
- Flora Nona
- Amali Clark
- Lily Gathercole
- Shaniqua Ahmat

## Rowing

Over the weekend the Head of the River regatta took place in Townsville. Our St Pat's rowers, Lucia Rentoule Gallagher and Sophy Cafferky had a full day of competition, joining with St Margaret Mary's College.

In the heats Lucia competed in a SMMC quad and also a double with Sophy Cafferky, neither team making the finals this time. Sophy competed in single, St Pat's double and SMMC quad team. Sophy's SMMC quad team made the finals and placed third overall. Congratulations rowers on a wonderful weekend on the river!

Lucia will now look forward to State Rowing Championships, joining with the Ryan team to compete in single, double and quad events. Good luck Lucia!



Above | Lucia Rentoule-Gallagher and Sophy Cafferky

## Block Sport

Round 2 of block sport touch start back this Tuesday, 22 August:

- Week 7 – Open touch
- Week 8 – U15 touch
- Week 9 – U13 touch

Please see coaches for more information.

## Sporting Experience

Mrs Lizzie Wood is not only our newest staff member in the HPE and Sport Faculty, but also an experienced touch football coach. Mrs Wood last week attended the QLD School Sport, Touch Football Championships in Ipswich as the North QLD Girls 10-12 Years team coach.

The team placed fourth in the state competition overall, which is the sides best result in over five years. Two players on her team were also selected in the State 10-12 Years team heading to national championships in December. Mrs Wood is on the State team selection panel where her experience is greatly used. Congratulations Mrs Wood on a successful year in touch football.



## COLLEGE NEWS & NOTICES

**A REMINDER - TERM 3 CONCLUDES FRIDAY 15 SEPTEMBER AT 12.45PM.**

### Refugee Awareness Week

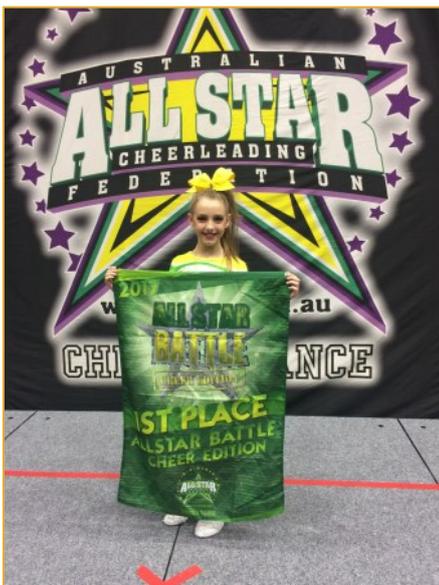
This year, the Dominations House community service project has focussed on refugees and multiculturalism. From Monday 31 July through to Friday 4 August, we celebrated the inaugural Refugee Awareness Week. The week was all about celebrating the contribution refugees have made to Australian society, whilst still acknowledging the struggles refugees face every day. The Dominations Pastoral Care Groups created a number of interesting activities to raise awareness of refugees. DOMS S performed street theatre during lunch and DOMS P created posters for students to find out more information about refugees. DOMS C is in the process of creating a movie demonstrating their support of refugees. In PDE classes, students



Pictured | Dominations Head of House, Ms Megan Christie with students promoting Refugee Awareness Week

assisted the Townville Intercultural Centre with their preparations for the Cultural Festival last weekend. Students made a lantern for the lantern parade and contributed to the building of a giant statue of Mother Earth. Ms Roshini Fernando, Client Services Officer at the Townville Intercultural Centre addressed the school community at the weekly Assembly. Ms Fernando talked to the students about her clients, outlining their backgrounds and improvements in their lives since arriving in Townville. The week was a great success. Congratulation must go to all students for their participation and enthusiasm.

### Our Student Successes - Cheerleading, Rowing & Rodeo!



#### Congratulations Lucy Carter

Congratulations to Lucy Carter (Year 7) who has recently returned from the Gold Coast Cheerleading Championships, coming 1st in her division. Lucy cheers for the North Queensland Warriors Cheerleading.



#### Congratulations Sophy Cafferky

Congratulations to Sophy Cafferky (Year 8) who received a gold medal in the recent NQ School Rowing Championships. Sophy was part of the Schoolgirls Four (Coxed).



#### Congratulations Sophie Miller

Congratulations to Sophie Miller (Year 8) who competed in the Mount Isa Mines Rotary Rodeo Junior Barrell Race. Sophie is pictured in action!

## ARCADIAN SURF LIFE SAVING CLUB

2017/2018 Season



### SIGN-ON!

**Saturday 26th August**

2pm - 4pm at the Clubhouse at the Rockpool

**Sunday 27th August**

9am - 11am at Alma Bay Clubhouse, Magnetic Is.

### CATERS FOR ALL AGES

- Fluros (5-6 years) • Nippers (7-13 years) • Cadets (14-17 years)
- Seniors (18-30 years) • Masters (Over 30)

*Surf lifesaving is an amazing opportunity for anybody. The skills you gain and the friends you will make along the way will change your life. The Arcadian SLSC is one big family and we would love to extend our family. Come down to the Arcadian SLSC sign on days and meet some of our wonderful and enthusiastic nippers/seniors. (Open to all ages)*

### NIPPER PROFICIENCIES:

**Saturday 9th September**

2pm - 4pm at the Clubhouse at the Rockpool

**Sunday 10th September**

9am - 11am at Magnetic Island Pool, Nelly Bay

### SEASON START:

**Saturday 30th of September**

8.30am - Alma Bay Magnetic Island

2.30pm - 5pm adjacent to the Rockpool on The Strand

Proudly sponsored by **SEALINK**  
Queensland

Club Administrator - Steve Mills P: 4771 5855, email: [arcadian@bigpond.net.au](mailto:arcadian@bigpond.net.au)  
[www.arcadiansurfclub.com.au](http://www.arcadiansurfclub.com.au)

Quota International of Thuringowa Inc  
Presents

## Movie + Wine & Cheese Evening Supporting Life Education Townsville



**Thursday 14th September**

6.30pm for wine and cheese, 7pm movie starts  
Event Cinema Townsville City

**Tickets \$20**

Door prizes!

Raffle!

Guess the jellybeans in the jar!

All drawn on the evening.

Contact Darlene on 0414299436 or email

[darlene.chaffev@bigpond.com](mailto:darlene.chaffev@bigpond.com) to arrange your tickets

Quota International of Thuringowa Inc  
supporting Local Charity Groups.

<https://www.facebook.com/Quota-International-of-Thuringowa-Inc->



OUT OF THE SHADOWS  
and into the light

Lifeline

## Out of the shadows

### And into the light

One kind Word Can Change someone's Entire day

Take part in Lifeline's Out of the shadow – National suicide prevention walk held to coincide with suicide prevention Day.

Raise awareness, remember those lost to suicide and unite in a commitment to prevent further deaths by suicide.

[WSPD.org.au](http://WSPD.org.au)

World Suicide Prevention Day

Sunday 10 September 2017

Meet from 5:15am for 5:45am start

Rock Pool walking to the peer

Coffee available for purchase

Light Refreshments Provided

## Urban Nature

COMMUNITY TREE PLANTING PROGRAM

### Community Tree Planting Day The Lakes, West End

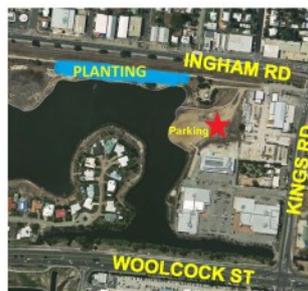
Join Townsville City Council's Community Environmental Restoration team for a community tree planting which will help improve the habitat for local wildlife, add value to the local environment, help manage weed species and reduce erosion.

**WHEN** » Saturday 2<sup>nd</sup> September 2017

**WHERE** » The Lakes, West End

**TIME** » 8.30am until 10.00am

**BRING** » Hat, gloves, sunscreen, water and enclosed footwear.



Everyone is welcome to participate in our Community Greening activity. The Planting is being held at the Lakes, West End, with entry from Kings Road, near Parkside Timber and Hardware. Come along and bring your whole family together for a morning of fun tree planting activities and enjoy a community sausage sizzle after the planting.

Remember to be sun smart and bring a bottle of water!

If you are keen to do more planting, a free native plant sapling will be available to all volunteers to take and plant in your own backyard.

- FREE Sausage Sizzle
- FREE Native Plant
- FREE Face Painting



For further information please call the Community Environmental Restoration Team on 1300 878 001 or email [sustainable@townsville.qld.gov.au](mailto:sustainable@townsville.qld.gov.au)