

## Frequently Asked Questions About...

### Hair Removal with 1064 nm Nd:YAG

#### *How does it work?*

We use a sophisticated light energy source for permanent hair reduction. The light is absorbed by the pigment in your hair, which effectively disables the hair follicle. The CoolGlide can remove hair from the face or body; for example, the arms, under arms, legs, backs, and even particularly sensitive areas like the upper lip.

#### *How many treatments will I need?*

Hair develops in phases and we can only treat the hair in its active, visible stage. Therefore, the number of treatments depends on how quickly the untreated hairs appear. For significant clearance, most people require a course of 6 to 10 treatments, which are spaced at least six to eight weeks apart.

#### *Is it totally permanent?*

Yes. The hair we treat with Cool Glide will not grow back, and patients can expect an 85 percent reduction in hair after six to ten treatments. As we age our hair patterns change, so this does not prevent the possibility of new hair growth over the years.

#### *How is your treatment different from other clinics?*

Our Cool Glide technology is effective on a wide range of skin types (including skin types I to V), and is also one of the fastest. Shorter treatment times provide a nice benefit to our patients, especially when they want their backs and legs treated. It is permanent, safe and effective.

#### *How does it differ from electrolysis?*

Electrolysis involves inserting a needle into individual hair follicles and delivering an electrical charge to them one at a time. Therefore, it can be costly, painful and time-consuming to do more than a small area. Our technology, on the other hand, delivers light energy to hundreds of follicles at a time, which makes it ideal for treating large as well as small areas.

#### *How long does each treatment take?*

It depends, of course, on the size of the area, but it typically takes 30 minutes to treat the upper and lower legs and 20 minutes for a man's back.

#### *What does it feel like?*

Patients will feel a series of short snaps, somewhat like a rubber band snapping, but no local anaesthesia or pain medication is necessary. Sensitivity varies from person to person, and some people may opt for a topical numbing cream.

*Do I need to grow the hair out before my treatment?*

No. In fact, we ask that you shave beforehand since the treatment is targeting the hair follicle itself – not just hair.

*Is it safe?*

The beauty of our Cool Glide technology is that it effectively destroys the hair itself without harming the surrounding skin. You may be a little red afterward, but that typically goes away in a matter of hours. As with all medical procedures there is a slight degree of risk, and we will discuss this with you thoroughly when you come in for your consultation.

*How much does it cost?*

This depends totally on the size of the area and the number of treatments we estimate are needed to achieve clearance. If you'd like to make an appointment for a consultation we can give you a specific idea as to the number of treatments and the price. We do offer discounted series of treatments also.